

What Makes Me Feel Good About Myself?

There are lots of things that can make us feel good about ourselves.

Please think about what these things might be.

There are some certificates with ideas written on them which you could add into your trophy. It is your decision which things to add. You can also write your own ideas on the blank certificates.



**I feel good about
myself because...**

**I am doing something
to help someone else.**

twinkl.com

**I feel good about
myself because...**

**I am relaxing,
listening to music.**

twinkl.com

**I feel good about
myself because...**

I am exercising.

twinkl.com

**I feel good about
myself because...**

**I have joined a new
group and I have made
new friends.**

twinkl.com

**I feel good about
myself because...**

**I am working hard
at school.**

twinkl.com

**I feel good about
myself because...**

I am a good friend.

twinkl.com

**I feel good about
myself because...**

**I answered some
questions in class.**

twinkl.com

**I feel good about
myself because...**

I scored a goal.

twinkl.com

**I feel good about
myself because...**

**I helped a
younger child.**

twinkl.com

**I feel good about
myself because...**

I make people laugh.

twinkl.com

**I feel good about
myself because...**

**I am kind to my
brothers/sisters.**

twinkl.com

**I feel good about
myself because...**

twinkl.com

**I feel good about
myself because...**

twinkl.com

**I feel good about
myself because...**

twinkl.com

**I feel good about
myself because...**

twinkl.com

